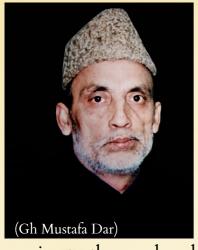


# SUMMARY TO EFFORTS & ACHIEVEMENTS 2021-22



**Better Hope NGO** 

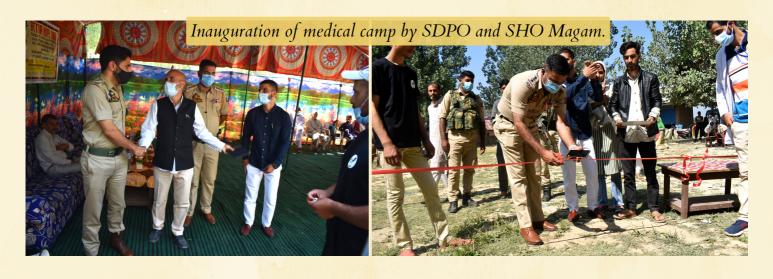
80, Noori Pora, Tehsil Pattan, Baramula, Jammu and Kashmir - 193401 betterhopengo@hotmail.com



Helping people is more challenging than I thought and more rewarding than I could have imagined. My journey with Better Hope reminds me repeatedly of my Grandpa, Gh Mustafa Dar. He was a wholesome package of benevolence, compassion, kind heartedness, humane, gracious, and selfless in tasks that he believed in. Since my childhood, I witnessed him going an extra mile to be of

service to those who clamoured for his support. His words, "If you choose to stand for a good cause stand firm without worrying if the masses are with you or against you", have paved my way for lifetime to come. His teachings and values will ever remain inscribed in my heart for those give me the direction to live life meaningfully.

> - Agib Majeed Dar Founder & General Secretary, Better Hope NGO.

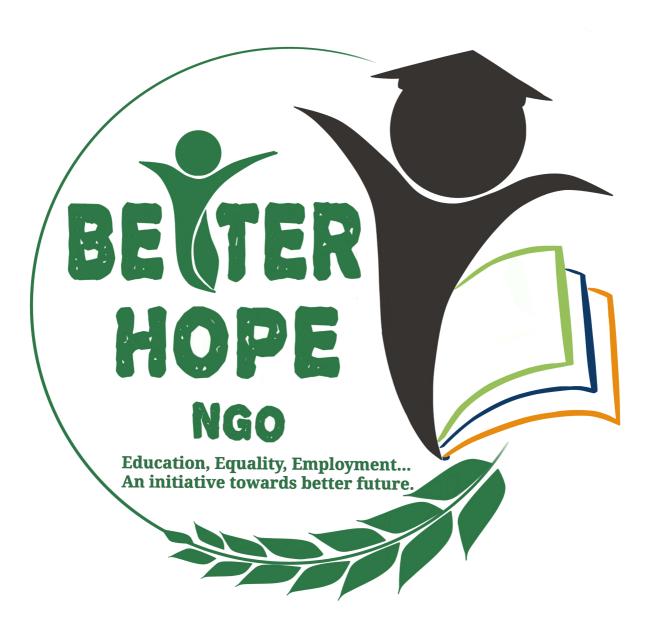




BMO, Magam visited our camp, appreciated the efforts and urged us to organise more such camps in the area

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# **1 ORGANIZATION DETAILS**

1	Name Of Organization	Better Hope NGO
2	Address of Communication	80 Noori Pora Tehsil Pattan, District Baramula, Jammu and Kashmir. Pincode - 193401
3	Legal Status	Registered with registrar of societies under SOCIETIES REGISTRATION ACT 1860
4	Area of Operation	All over India
5	E-mail ID	betterhopengo@hotmail.com
6	Website	betterhopengo.org
	You may check on and follow us @	
7	Facebook	BetterHope.NGO
8	Instagram	betterhope.ngo
9	Twitter	BetterHope_NGO
10	LinkedIn	BETTER HOPE NGO

# **2 FROM THE FOUNDER'S DESK**



We, at BETTER HOPE NGO, are determined provide education and healthcare services to underprivileged people society. Better Hope NGO is an initiative well thought of by a team of young students who established this Non-Government Organization in January 2019. Though we are eligible to operate all over India but the Pandemic, we shifted our during attention to the much deserving state of Jammu and Kashmir. Education has always suffered a major setback in the state due to prevailing uncertainties:

unpredictable breaks in education surrounded by fear, trauma and a lack of stimulating activity. This impacts students' interests, academic performance and prospects. Poor economic backgrounds, lesser-educated parents, limited additional learning opportunities, costs involved- all act as catalysts to paralyze education. This results in increased dropout rates significantly for school children. Better Hope NGO is determined to play a significant role in transforming Kashmir into a better place for the generations to come by creating equitable access to education for marginalized sections.

Apart from Kashmir, we have various representatives, spread at various locations around India who offer their service pro bono for the purpose.

In the year 2021-22, Better Hope focused on vivid coverage of Education and Healthcare areas- performing dismally in India, prominently witnessed during pandemic times. Social investments like education and healthcare need to supersede other areas of concern to move Kashmir to brighter future. The disadvantaged section of society is struggling to provide access to education and health facilities to their families due to loss of earnings/jobs/ earning members of the /rising inflation.

Following our objective "Learn to Make a Difference", we raise funds for needy students, ailing patients and poverty-stricken families. Also, we organize medical camps to benefit the rural population in remote areas.

We look forward to successful cooperation in the future to make progress on our ambitious agenda for humanitarian causes.

Yours sincerely,

Aqib Majeed Dar,

Founder & General Secretary,

Better Hope NGO.

# **3 VISON OF A MEMBER**

Dear Friends,

Hope that the profile of BETTER HOPE NGO and its activities in regard to various socio, economic, health and education programs delineated will give you a clear picture of the principles for which the organization stands for and is actively working.

We as a young, energetic and thoughtful people strongly believe that it's our duty and responsibility to give back to the society in which we live, in return of the many things we avail from it in our day-to day lives. BETTER HOPE as an organization stems from this root belief. Our team's quest is to serve the destitute gives us the strength to work with full dedication, sincerity and honesty. We dream to see a brighter Society with this little initiative of ours and know that our dreams will bear fruit soon as we are not alone. The backbone of BETTER HOPE Organization is its Team, Sponsors, Volunteers and all supporters and well-wishers who are helping in many different ways.

We are very grateful for the support that we get from many individual people that make our work possible.

We always welcome support offered in any way, if you are youths, please feel free to visit us and join our activities at any time.

It gives me immense pleasure to work with BETTER HOPE. I am delighted to be part of this group.

Best wishes and Regards.

Anwar Ali Mir, Member Better Hope NGO.

# **4 BETTER HOPE NGO AT A GLANCE**

#### 4.1 Introduction

We are BETTER HOPE, a non-governmental organization registered in January 2019. At Better Hope NGO, we are committed to provide hope to a better future, life and world to the poor, children, and the needy coming from vulnerable sections of our society. We actively participate in providing financial aid to meritorious students from marginalized sections to help them complete education. We also look forward to creating job avenues and providing opportunities to earn a dignified livelihood.

#### 4.2 Objective

#### BE OF VALUE, LEARN TO MAKE A DIFFERENCE

The Better Hope team strives to concentrate on underserved children of society. We aim to reach the remotest interiors of Kashmir, to let children emerge from the fearful surroundings of the conflict zone, be better citizens, work for the development of society and be a medium to change. We endure to reach the unreached and facilitate equitable access to education.



Education, Employment, Equality....
An initiative towards better future.

# **5 ACHIEVEMENTS DURING THE YEAR 2021-22**

Better Hope has been lately focusing on healthcare and education in low performing areas in India.

Being at a neonatal stage, our supporters' help made it possible for us to contribute in building the future of needy students and enlightening the lives of a few others within our limited capacity.

- We organized two medical camps in remote areas of Kashmir, where access to healthcare facilities equipped with specialists is a distant dream. Camps were organised in September and October 2021, benefitting approximately 1800 people.
- We are proud to have addressed issues related to Women' Reproductive Health. We had engaged services of Gynaecologist; distributed women sanitary kits; organised sessions on menstrual hygiene and awareness to bail out growing adolescent rural girls from inhibitions and ignorance.
- For patients in need of medical care, we helped them to meet expenses for medications/surgical procedures/hospitalization charges/postoperative care/ arranging blood donors among other requirements.
- We Supported 22 students from low-income groups by providing laptops/ mobiles for attending online classes, fee payment-academics and hostel, uniform arrangement etc.
- We managed a stationery drive for 140 needy students from rural area of Kashmir.
- We came to the rescue of around 100 less fortunate people and gifted them blankets to ward off chilling winters.
- We provided groceries to 43 families during distress. Our effort helped them sustain for two months.

# **6 VISION 2027**

At BETTER HOPE, we aspire to continuously move on with a determination to work for the welfare of the society and uplift the downtrodden. All this is possible with education being provided to deprived sections. This will help break the cycle of poverty and misery. We hope to influence people to be empathetic, warm-hearted and benevolent alumni in future who will emerge as sensitive citizens.

#### In this endeavour we plan to:

- We plan to Set up a technical institute wherein the meritorious students from marginalised sections will be admitted. The institute will impart technical education in the field of professional engineering courses in Kashmir. The expenditure incurred on their academics, boarding and lodging will be borne by Better Hope NGO. The pass out students will have higher chances of suitable placement in industry and be independent in life.
- Similarly, we dream of coming up with a Paramedical institute in Kashmir. The institute will have professional courses like Nursing, Lab technicians, Lab attendants, Dental hygienists, X-ray operators, Optometrists, Medical transcriptionists, Nutritionists and others. The deserving students appearing on the merit list and from low-end income groups will be admitted to the institute. The expenses incurred on these students will be met by Better Hope NGO. Upon completion of the course and upgrading to health care professionals, we hope the candidates will manifest compassion for others belonging to the underprivileged of society.
- Fund the education, coaching, food and hostel accommodation for eligible below poverty line students coming from remote areas of Kashmir. This will include students from class 9th to Senior Secondary level at Kashmir. After superannuating from the senior secondary level, we will identify the capable needy students and push them more to achieve their goals. We will give our best to facilitate their induction into our planned coming up technical and paramedical institute. This will make them job-ready.

# **7 PROJECTS IN 2021-22**

#### 7.1 Covid 19 Relief Work (April-July 2021)

During COVID 19 pandemic, Better Hope NGO played a practical role in collaboration with volunteers and the team Citizen's Aid Collective. We reached out to address the distressed calls by using a combination of social media, phone calls & text messages. Depending upon the need, we arranged food, oxygen cylinders, ventilators, BiPAP machines, Home ICU, online consultation, ambulance & unfortunately funeral services too. Not stopping there, efforts were accelerated toward pregnant women in need by collaborating with National Commission for Women.

#### 7.2 Ration Distribution Drive (July 2021)

COVID was at its peak during the time and most daily wager people engaged in the informal sector were out of jobs due to lockdown. People were unable make both ends meet. requirement of ration for 40 families belonging to the Tribal community located at Rajmathai village (District Jaisalmer) of Rajasthan, India was raised by one renowned social activist (Ration Rasheed) on Twitter and was verified by Team SOS India. At Better Hope, we resolved to help them out in hour of need. With the support of our team and contributors, dry ration for



(24th & 25th July 2021)



40 such families were arranged and delivered on their doorstep.

#### 7.3 Stationery Distribution Drive (August 2021)









(10th August 2021)

Multiple lockdowns and restricted high-speed internet in Kashmir during 2019-2021 resulted in frequent disruptions in formal schooling. Due to such disruptions in schooling, effects on students' learning abilities are a matter of concern. BETTER HOPE conducted a counselling session for such students. Along this we also carried out stationery drive at Madina Public School, Noori Poora, Tehsil Pattan, District Baramulla. In total 140 students were benefited from the drive and counselling session. The total expenditure incurred on the drive was collected through efforts at a community level.

"Routines of children have been disrupted and families find it overwhelming at times to engage with their children, who are confined to their homes for long periods" said Dr. Syed Karrar, a child and adolescent psychiatrist at the Institute of Mental Health and Neurosciences (IMHANS) in Srinagar, Kashmir's largest city.

#### 7.4 Medical camps (September-October 2021)

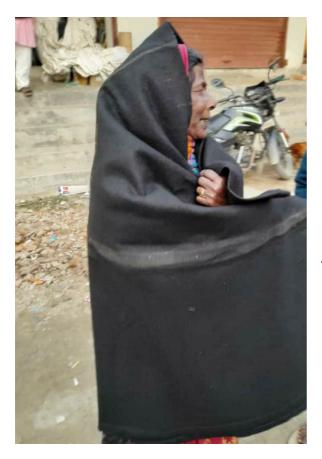
BETTER HOPE in association with The Sadanah Foundation successfully organized two of its eight-episode series camps. The two camps were held at Noori Pora and Danni-Sayyadan, Uri in September and October 2021 respectively. The events at both locations were spread over two days.



(Noori Pora medical camp - 14th & 15th September 2021 Danni-Sayyidan medical camp - 14th & 15th October 2021)

- The two locations collectively witnessed a footfall of approximately 1800 people.
- Around 750 menstrual hygiene kits comprising six good quality sanitary napkins, one hygiene wash and Lactiserum were distributed free of cost to women falling in menstruating years during two camps.
- During both the camps, free sugar tests and ECG facilities were also available.
- In addition to diagnostic tests, the rural population took advantage of General Physician, Gynecologist, orthopedic and dermatologist present during the camps.
- Pharmaceuticals and medical equipments for both camps were sponsored by the Sadanah Foundation, United States of America.
- A mental health awareness program was conducted where the team of mental health professionals from Dr Therapy Mental Health raised awareness regarding mental health disorders.

# 7.5 Blanket Distribution (December 2021)





A distress request was received from an activist belonging to Bihar in December 2021. Bihar lies in the eastern part of India and experiences harsh winters at the end of the calendar year. Winter brings a lot of suffering for less fortunate people dwelling in kutcha houses, slums, jhuggis and temporary hutments. Better Hope on learning about the deplorable situation of poor people dwelling in Dalit Basti Muzaffarpur, Bihar intervened. A blanket distribution campaign was organised to bring comfort and warmth to poor people who hardly managed to cover themselves up fully during the rest of the year too when the weather is not bonechilling. A total of 100 blankets were distributed amongst poverty affected people.



(29th December 2021)

#### 7.6 Education For All & Help The Needy (May 2021 - March 2022)

COVID 19 brought a total collapse for people from marginalized sections of society, more so true for informal workers. The pandemic led to a dramatic loss of human lives, small enterprises faced sudden shutdown, trade and border restrictions, decimated jobs prevailed globally and India had been no exception. Though lack of regular incomes and government support system made it more difficult for Indians, BETTER HOPE engaged itself and played a proactive role in helping people deal with their distress. Under our "Education For All & Help The Needy Project", BETTER HOPE did fundraising through community involvement for 50 such people to help them with education, healthcare & livelihood support.

More than 8,12,000/- (INR) was raised through community efforts by undertaking various crowdfunding appeals.

#### Success Story and testimony of beneficiaries:

Better Hope NGO started its "Education for All and Help The Needy Project" during the time of COVID. During COVID 19 pandemic, we received many distress calls including the ones who lost all their savings and means of income.

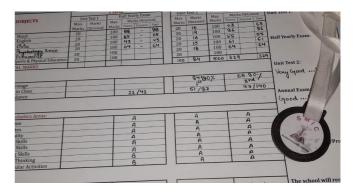
The first crowdfunding request came from a 17 y/o kid from Delhi. His father, a daily wager, was infected with COVID and he had lost all means of income. The child needed financial assistance for his father's treatment. The case was attended to with the help of generous contributors. This incident inspired Better Hope to work for those who need genuine financial assistance and hence came into the cradle "Education For All & Help The Needy"

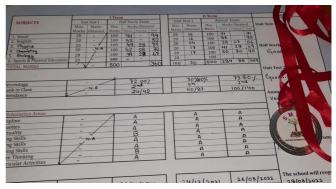
Soon after beginning with our project, the first case that asked for our attention was of a kashmiri widow. The lady has health issues and has two kids to look after. With the help of local volunteer Yawer, Better Hope NGO managed to raise funds for the cause. Since then we are sponsoring the kids education.

Also under the aegis of project, we have provided mobile phones and laptops to needy and deserving students for attending online classes. Here're testimonies of few of such students:

While sharing her and her sister's exam results, Azqa said, "Me and my sister Bushra secured 3rd and 2nd rank in the exam! Thank you to the Better Hope NGO team for paying fee's on time and also arranging Mobile Phone for attending online classes".

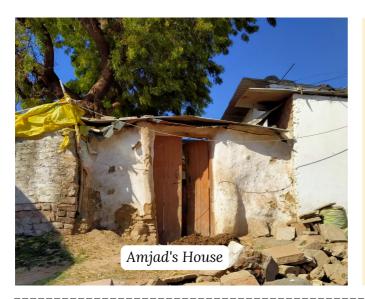
The girls showed their gratitude towards NGO in most humble words.





Another beneficiary Pushpa Dhinda shared her experience.
"Better Hope NGO helped me pay BBA second year fee. Covid made it necessary to have a Laptop to continue my online classes & complete my graduation. Better Hope NGO arranged me one. I hope to complete my studies and be independent soon. I am forever grateful to the NGO for helping me out and taking me step closer to my dreams."

For livelihood support, we provided ration kits, day-to-day expenses & helped to set up small business. We also helped locals from the Noori Pora village to avail benefits of the Artisan Society to help them to make it sustainable.



Amjad has a family of 6 to look after. He is a tailor and works on orders. Due to lockdown, he didn't get many orders and all his savings were used for his ailing son's treatment. With the support of generous contributors, we helped Amjad with livelihood support and took care of his son's medical expenses.

We have sponsored hospital & medicine bills to support healthcare of underprivileged people.

"I belong to family which barely manages to meet both ends. My husband has no fixed income. He usually sells school bag on roadside. As the schools were shut so was the demand of school bags. It was next to impossible for us to bear my medical expenses. we will be ever indebted to Better Hope NGO for coming to our rescue and supporting us. Had it not been them I wonder what would have happened to us.

May God bless the team"

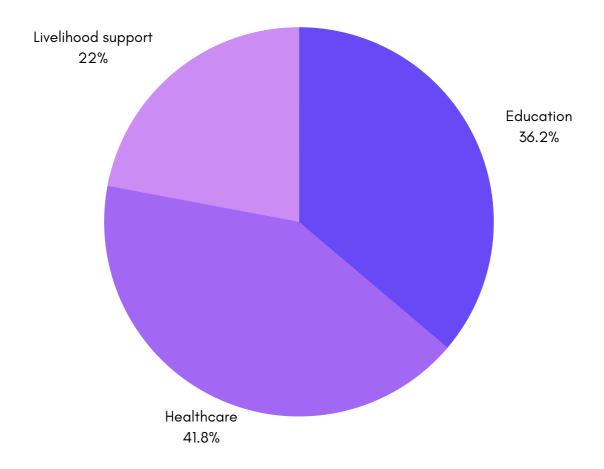
-Shahista (A beneficiary from Surat)



Here's a story of a lady living on footpath. We had received a request that there's a lady who lives on footpath. She was abandoned by her kids. She couldn't walk and she had to crawl to go to one place to another. We reached out to the lady and donated a wheelchair and a blanket to her.

During the year we helped 3 girls getting married. The girls belonged to very underprivileged families. We encouraged simple marriages, without dowry (the societal evil). Hence, per marriage cost was 25,000/-.

The chart below shows allocation of funds raised for the project "Education For All & Help The Needy".



As shown in the above chart, out of the total funds raised for the project, 41.8% is used in healthcare services. During the pandemic time, most of the distressed calls for monetary help were for hospital and medical bills. Better Hope NGO, with the help of generous donors, sponsored their hospital dues and helped them procuring prescribed medicines too.

For education, 36.2% donations are used to sponsor education of needy and meritorious students.

22% donations are used to provide livelihood support.

# **8 ACTIVITIES PLANNED FOR THE YEAR 2022-23**

#### Stationery Distribution and Counselling sessions

We plan to conduct another stationary drive and essay competition along with counselling sessions in schools in Kashmir. For this reason, the On-ground team in Kashmir is currently involved in locating students who are in desperate need of support and counselling. We, at Better Hope, don't look at this only as a means to support innocent lives but treat it as an opportunity to kindle motivation and infuse a breath of hope in little souls.

#### Opening a school in a much deserving village: Rajmathai village

During our ration distribution drive at Rajmathai village of Rajasthan, the team had conversations with locals. The locals said there's no functioning school in the village. There's one government school which is also not functioning. Every child has the right to education and no child should be deprived of education. With the help of our amazing patrons, we are planning to set up a school in the village.



#### **Community Library**

We are planning to set up a community library in Nooripora village of Kashmir. Where the kids will be provided books as well as basic technical and computer knowledge.

#### Continuing our "Education for All & Help The Needy" project

Further, we are committed to keep supporting our campaign "Education for All & Help The Needy" in various parts of India. We believe in equipping children of today with better education to turn them into better responsible citizens in the long run.

#### Menstrual Health and Reproductive health awareness program

Menstrual hygiene and reproductive health of women in Kashmir are in crisis and need attention. The perpetual conflict in the region affects their menstrual health exorbitantly. In a crusade to help young women, we intend to hold an exclusive Menstrual Health Awareness Programme in Kashmir in the upcoming year. We are working on including a menstrual hygiene kit consisting of a good quality vaginal wash, a pack of sanitary napkins, some antifungal ointment, a bottle of hand wash, sanitiser and handy literature in the form of pamphlets. We also hope to engage the services of a Gynaecologist, with whom women can speak to without any apprehension. In the year 2021-22, menstrual hygiene was part of our medical camp project. But in 2022-23 we are planning to organise a separate awareness program across Kashmir, exclusively for women's hygiene and reproductive health.

#### Continuing our Medical Camp project

Furthermore, we will continue our medical camp project and the camps will be conducted in another 6 far-flung villages of Kashmir. The 3rd camp of our project and the first one in the year 2022-23 will be in Khan Pora village.

Just as in our previous two camps, services of medical professionals such as General Physician, Gynaecologist, Paediatrician, Dermatologist, Ophthalmologist, Optometrist, Dietician will be engaged. Diagnostic tests, a free pharmacy, sanitary kits, pamphlets on various health issues will be distributed freely to patients visiting the facility.

# **9 OUR SUPPORTERS AND PARTNERS**

In 2021-22, Better Hope had an opportunity of working with and being supported by exceptional individuals and organisation. We would like to thank all of them for their unwavering support.

Special mentions:

Dr. Mamta Swaroop
 MD, FACS FICS FAIM



#### Leading us all, Dr. Mamta Swaroop.

Dr Mamta Swaroop, MD, FACS FICS FAIM, is the founder and president of the Sadanah Foundation, United States of America. The Sadanah Foundation aims to build sustainable access to healthcare and education in low resource settings. Better Hope NGO and Sadanah Foundation found themselves in rhythm to each other for their goals to achive in bringing up self sustainable organisations.

She has served as an Associate Professor of Surgery. She had the distinction of heading Centre Global Surgery as Director. She has also been recognised as one of Oprah's Health Services Heroes and honoured with Martin Luther King Humanitarian Award. She is also held the first international TRUE (Trauma Responders Unify to Empower) Communities Course. She has to her credit 65plus peer reviewed articles and book chapter.

Her work on helmet usage in female pillions on motorised two-wheelers led to legislative change in the governance of women needing to wear helmets in New Delhi.

She has been an invited national and international visiting professor and keynote speaker, presenting on Trauma and Global Surgery topics and has authored numerous peer-reviewed research articles. She is the co-Editor of the book, Success in Academic Surgery: Academic Global Surgery.

#### How has she helped us?

During Social Media campaigning to raise funds for our medical camps, the Better Hope NGO met this amazing person Dr Mamta Swaroop. She and her non-government organisation, the Sadanah Foundation, sponsored pharmaceuticals and medical equipments for both the medical camps. Total sponsorship amounted to more than 8Lakh rupees.

Better Hope NGO is humbled and deeply grateful to Dr Mamta Swaroop and the Sadanah Foundation for their continued support and guidance towards our healthcare cause of Free medical camps across Kashmir.

It is because of such benevolence that we can extend healthcare support to marginalised communities across Kashmir through more upcoming medical camps.

Thank you Dr Mamta Swaroop & the



# 2.Getting Acquainted with Yuman Hussain, The Education Champion



Yuman Hussain is the Executive Director of Azad India Foundation (AIF). The AIF helps impart quality education to underprivileged children in Kishanganj and Purnia, Bihar.

She is the "education champion" from India, supported by the Malala Fund, and a prolific leader in the social development sector. She works in the area of education for women and adolescents. She also works in providing life skills, vocational training and livelihood options to empower women and girls belonging to rural areas.

She and her foundation, the AIF, are running learning centres for 5000 children in 118 villages of Kishanganj and Purnia, Bihar intending to provide free quality education to underprivileged children with a special focus on girl child education.

They also run a program for out-of-school and dropout children to bring them back into the fold of education through learning centres.

Her organisation helps women create self-help groups and assist them towards financial independence.

#### The Path Lighter-

Yuman, with her expertise and experience in the field of social work, has been guiding and supporting our organisation in various projects. Being a small organisation, it is her guidance and support that keep us motivated.

Thank you Yuman Hussain for the support, care and concern towards Better Hope NGO.

# 3. Knowing The Visionary Danish Hussain



Danish Husain is an actor, poet, storyteller, and a theatre director. He started his career in theatre with Barry John and went on to work with directors like Habib Tanvir, Rajinder Nath, M.S. Sathyu, M.K. Raina, Sunil Shanbag, Sabina Mehta Jaitly, & Naseeruddin.

His major film work includes India's entry to Oscar 2018 - Newton (2017). Amongst his other noterworthy projects are soorma (2018), Baazaar (2018), Ankhon Dekhi (2013), Dhobi Ghat (2010), and Peepli Live (2010).

#### The Dependable Motivation:

Danish has never failed in promoting and motivating Better Hope NGO publicly. This has helped us to gain faith. At the same time Better Hope NGO has realised that with the faith showed comes the responsibility of being true and dedicated and available to human causes.

Thank you Danish Hussain.

# 4. The Benevolent Shamin Mistry.

Shamin is an Assistant director by profession. She has acted as lamp post in directing our path towards success. Her clubhouse event not only helped Better Hope NGO achive the targeted fundraising but also led us build network with more kind hearted donors. Shamin's efforts and support made it possible for us to conduct social media campaigns for our medical camps. It is because of her efforts and guidance that we could arrange funds for on-ground expenses for the previous camps. Her interest and help left us all in delight.

Thank you Shamin.

# 5. Gem of a person- Varghese Thomas

Varghese Thomas is a Software professional (a Program manager by profession). He and his team appeared as a saviour in Kerala Flood Relief Work in 2018. He along with his team traced and moved several people to a safe place.

To those kids affected by the flood, he and his team donated 500 backpacks consisting of books, pens, pencils, eraser, umbrella, pouch, geometry box, lunch box, etc

#### our connect with Varghese:

Since our very first project in Kashmir, The stationery distribution drive and counselling session, he has been a great help to us. He contributed a major part of the stationery distribution drive. He has been sponsoring the education of needy students under our project "Education for All & Help The Needy". He has helped us meet on ground expenses of medical camps by contributing the major share of expenses incurred.

Thank you Varghese Thomas.

#### 6. Shoaib Ahmed Khan

Shoaib is working as Sr. Engineer in Oil & Gas exploration projects department in Middle East.

Shoaib has been a great support for Better Hope NGO. From generously donating to our endeavours to amplifying our causes, he has unconditionally supported us. His dedication to helping the less privileged has helped us overcome struggles in achieving targets to conclude any fundraising campaign successfully.

Thank you Shoaib Ahmed Khan.

The ever supporting Jaspreet Kaur, thank you for helping and supporting the NGO throughout.

Ever Helping: Midhat Kidwai

Midhat Kidwai, founder of CAC team has been ever supporting and amplifying the cases. His generous heart has helped us sail through and achieve targets in many cases.

The Saviour: Anirban Basu

Our thanks also extend to those who continue to help/sponsor beneficiaries of our "Education For All & Help The Needy" project, or make donations to Better Hope NGO. Our work would not be possible without you.

Last but not the least, our volunteers! Our volunteers' unflinching support & presence on the ground, the painstaking efforts, and the never give up spirit have left us all spellbound. Without their input, whatsoever donations we received would have turned futile. Our volunteers are our true assets.

Thank you.



In 2021-22 our brainchild, Better Hope NGO, has turned 3! We are still at a growing stage taking baby steps. Being a small organisation, the support that we received this year is incredible and encouraging. As a result of the support and successful fundraisers, Better Hope could 'Turn Hopes Into Reality' for many deserving students. We are thankful to all our generous supporters for putting their trust in us and giving us a chance to serve the needy. This has spurred us to take on more challenges. By numbers, we are still small, but I am confident that with your support and our team's selfless efforts, we will gain spectacular progress in the year ahead.

In addition to supporting education, Better Hope has lately focused on physical as well as mental health too. Keeping in mind the growing cases of stress and depression, Better Hope NGO recognised the need to address mental health issues.

It gives me immense pleasure to have worked with Better Hope NGO and witness changing lives for good. I am glad to be part of the organisation and its 'Learning & Growing' journey.

- Midhatkhan Pathan

Vice President, Better Hope NGO

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#### Disclaimer:

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